

<u> </u>		S.S.C - (Part-I)-A- 2021				
Roll No	أميدادخوديُرك	(For all sessions)	Paper Code	5 4	2	3
Hoolth & DL		Km4-51		170		-
	ysical Educati		م (معروضی)	ماني تعليم	ىوچى	محت
Marks: 12		ت:15 منك Time:15 Minutes	وتنة		1	2:
رست بهمین،	رDد ئے گئے ہیں،جس جواب کوآ پور	ميئ برسوال كي چار مكند جوابات C,B,A,اور	، دی گئی معروضی جوانی کا بی برلکم	ات کے جوامات	11 - 12	لوث
	ر با جاده و اساع استعظر د کرا-	والمراكبين والمراس والمتعلق والأسران والوبارا	CDA min	71		
and D to each						A,B,C
	doconou die difeit A	Which answer you consider tion with Marker or pen ink	COPPOST SILLING			⊧le A,
vvilose prevention	is the most necessary?	To the trial to be per lik		eet provid تسبے نیادہ		~
	(B) eye	(C) head	(D) nail		ال في تقامير	. 1. 1
2. Which Pakistani c	loth is famous all over the	e world?			ما اکتانی	1 2
رولی (A) cotton	ولی Woolen)	(C) nylon	(D) silky) کپژاد نیامجریس ریمی	وسابإسار	
3. "If you want your k	ids be intelligent, make the	یں''قول ہے۔ :em strong" is said by:	بحرة جن بهوا رة أنهي طاقتورينا كم	یے ہیں کرآپ کے	ا اگرآپ جا۔	i" 3
(ry) mototic)		الات الات (C) Rossou ب	/D) Mr. (D. Anhan	6.4	
4. The movement do	ne by a person by his own	will is calledmovement.	ے۔۔۔۔۔ جرکت کہتے ہیں۔	پرانسان کرتاہے،اُ	رب. داراد نا حرکن	2.4
(A) Voluntary (3)	وقی derived (B) اراا	(C) unvoluntary	(D) basid فيرارادني	بنيادي :		
5. Gymnastic activitie (A) Russia رول			<i>يوا_</i>	سر كرميون كا آغاز	تمناسک کی	. 5
6. Health is a great.	(B) Egypt	یہ (C) America)		يونان ce		
ات (A) power	(P) outbook	7 (0)	•	-4-62	صحت بهت	.6
	(B) authority indicatespollut	ت C) blessing) قدرت	(D) educ	پڑی ہے۔ علیم ation	d	
شورکی Noise شورک	(B) Water ن آئ		۔آلودی طاہر کرتا ہے۔	دهوال	گاڑیوں کا	.7
8. The reasons of mu		وئن Mental (C)	(D) Air	فضالی	-	
(A) 5	(B) 2	(C) 3	-010	اؤ کی وجو ہات ہوا	عصلانی تز	.8
(For	Boys only)	(0) 3	(D) 4			
In the volley ball nur	, a		مرِف طلباء کیلئے)	•		
(A) 5	(B) 3	(2)	ہوتی ہے۔	مِن گیمز کی تعداد: اگراؤنڈ کی چوڑا کی:	؟. والى بال	9
0. The width of volley		(C) 4	(D) 1		6	
(A) × 9 meter	(B) > 10 meter	(C) مِثر (11 meter			. والى يال	10
The dress of Libro p		(O) /~ IT meter	(D) 🔀 13			
(A) different from te	عam میم سے مخلف	افد B) white)	-4	زى كالباس ہوتا۔	1. كبرونكلأ	1
(C) black UK	3,	(D) blue 14				
. The place of umpire	in volley ball is:		موتى م	Estime.	lide a	2
(A) on the back side	e 🚅 (B) at the corner	ر (C) any where ر	(D) out of r	ں۔ں، چرن جہ سے ام	/[(인데 . I.	2
(For	Girls only)		في طاليات كملتي	ات بر الم ام	=	
The score in badmint	on game in women single	set is:	رے حامبات ہے) کے منگل میٹ جس سکور ہوتا ہے	ry Osableki	د. دمنه	
(A) 11	(B) 13	(C) 14	/D) 40		100	
The width of badmint			اکر بھوتی ہے۔	ن کے نبیٹ کی جوڑ	رو پیشن	
	eter (B) سنٹی میٹر (eter (Cantin	60 centir مینٹی میٹر (C)	50 سِنْقُ مِنْر (D) meter	centimete	ar ar	
The number of skills i			فداوے۔	ئن کی مہارتوں کی ^ا	15. بنز	ĺ
(A) 3	(B) 2	(C) 4	فدادہ۔ 5 (D) 1ہے۔ 4-5 گرام (D)		<u>.</u> o	
The weight of shittle c	ock is: m (B) گرام 5.50–4.74		_ - _t	ں کا کے کا وزن ہو [۔]	16. شنخ	
(-0) [0 0.33-5.02 gl	,		(D) インタ4-5	gm		
	200	1-00 V ዲአዲ				

	\mathcal{K}	-	
Roll No		S.S.C(Part-I)-A-2021 For all sessions)	
		wp-21	مر و التعلم
كل فبر: 48		م معرف المعرف المواقل حنيه اقل	محت وجسما في معيم (انائي)
10=5x2		1 miles	وت:1:45 مجيني
1110	iii. گول کمر کی وضاحت کریں۔	ا تعلم المارية المارية - المارية الم	2- ورج والى عن سيكونى بالحالة المصطفرة الماستري
	۱۱۱: کون طرف کست کریں۔ ۷۱: ارادی حرکات کی کتنی اقسام ہو	. بن الى تعلىم كامحت بين التعليم على المعلى التعليم على التعليم على التعليم على التعليم التعليم التعليم التعليم	ز حرکت کی وضاحت کریں۔ ا
0.0		 ۷. آنگون کی حفاظت کیون ضروری ہے؟ ۷۱۱۱ بیٹے یاؤں کے تقص دور کرنے کیلے مشقیل کھیے۔ 	iv اسلام اورتعلیم جسمانی کا کیاتعلق ہے؟
10=5x2	-6		vii. جسمانی تعلیم کے دومقاصد تحریر کریں-
المعادة	iii. 100 میٹردوڑ کے دوتوانین	- <u>2</u> 2.	3- ورج زيل على سيكولك ما في الا ام كافتر جوابات أو
	vi. جوڑوں کی دو حرکات کے نام	ii. جمناستک کے دوفو اندتج ریکھیے ۔ دری آتیا ہوں کا اندازی کا انداز	ا. تعلیی جمنائک ہے کیامراد ہے؟
30-1		v جوڑی تعریف کریں۔ wiii شائ پٹ رگولے میں کھلاڑیوں کی باری کیے	iv. گولے پاشاٹ بٹ کارنگ کیا ہوتا ہے؟
10=5×2	70:00)		vii گوله چینگنے کے دوقوا نین لکھیں۔
	iii. خفيات كن تم كايُراكَ مِ	رمیری ۔ ii کوئی کی دو تعدی بیار بول کے نام کھیں۔	4- درج زيل على عرفي على الماية المكتفر والماسة
·	۱۱۰ سوتی کیاس کی دوخو بیال کھیے ۷۱. سوتی کیاس کی دوخو بیال کھیے		ا علم لعجب ك تويف كري
	# O #3 30 O Y O 9 . VI	۷. کباس کا تعریف کریں۔ Viii. اونی کباس زیادہ ترکون لوگ پینتے ہیں؟	iv آنگھوں کی حفاظت کے دو طریقے کھیے۔
			vii لباس کی اہمیت بیان کریں۔
18=2x9		حقددوم	
	ر و تفصیل در کھیں	ت محرير يعيئے- 6. بالوں اور دائنوں کی حفا	نوث: درج ذیل می سے کوئی سے دو والات کے جواب
	20. C70- 7C	ہ. ہانوں اوردا ہوں کا طاہ بڈمنش کھیل کے قوانین تج ریکریں۔	 قامتی نقائص دورکرنے کے طریعے تفصیلاً تحریر کریں۔
		بيد من سين حيوا ين فرير حري-	7. والى بال كى بنيادى مبارتيس تفصيلاً تحرير ري - با
Health & Phys	sical Education	Essay Type) /For	
	sical Education		all sessions)
Time: 1:45 Hours		Section -I	
Time: 1:45 Hours 2- Write short answers o	f any five parts from the	Section -I following.	all sessions) Total Marks: 48 2x5=10
Time: 1:45 Hours 2- Write short answers o Explain Movement.	f any five parts from the	Section -I following. Write the relation of Physical Ed	all sessions) Total Marks: 48 2x5=10
Time: 1:45 Hours 2- Write short answers o i. Explain Movement. iii. Explain Round Back.	of any five parts from the	Section -I following. Write the relation of Physical Ed What is relationship of Islam with	Total Marks: 48 2x5=10 lucation with health. h Physical Education.
Time: 1:45 Hours 2- Write short answers o Explain Movement.	of any five parts from the ii. \ iv. \ cessary? vi. h	Section -I following. Write the relation of Physical Ed What is relationship of Islam with How many types of voluntary mo	Total Marks: 48 2x5=10 ucation with health. h Physical Education. evernents are there?
Time: 1:45 Hours 2- Write short answers o i. Explain Movement. iii. Explain Round Back. v. Why is care of eyes ne vii. Write two aims of Phys	of any five parts from the ii. viv. vicessary? vi. Frical Education.	Section -I following. Write the relation of Physical Ed What is relationship of Islam with How many types of voluntary mover the second se	Total Marks: 48 2x5=10 Jucation with health. The Physical Education. Exercise there? The defects of flat foot.
Time: 1:45 Hours 2- Write short answers of in Explain Movement. iii. Explain Round Back. v. Why is care of eyes ne viii. Write two aims of Phys 3- Write short answers of ii. What is meant by Educ	of any five parts from the ii. viv. Notessary? vi. Hotelstary. ical Education. iany five parts from the stational Gymnastic? ii. W	Section -I following. Write the relation of Physical Ed What is relationship of Islam with How many types of voluntary mo Write the exercises to remove th following.	Total Marks: 48 2x5=10 ucation with health. h Physical Education. evernents are there?
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Time: 1:45 Hours 2- Write short answers of i. Explain Movement. iii. Explain Round Back. v. Why is care of eyes ne vii. Write two aims of Phys 3- Write short answers of i. What is meant by Eduction iii. Write two laws of 100 m. v. Define Joint.	of any five parts from the ii. v. v. iv. v. icessary? vi. F. ical Education. viii. v. i any five parts from the frational Gymnastic? ii. v. vi. vi. v.	Section -I following. Write the relation of Physical Ed What is relationship of Islam with How many types of voluntary mo Vrite the exercises to remove th following. Write two benefits of gymnastic. What is the colour of shot put? Write names of two movements of	Total Marks: 48 2x5=10 Jucation with health. The Physical Education. Exercise defects of flat foot. 2x5=10 Of joints.
Time: 1:45 Hours 2- Write short answers of in Explain Movement. iii. Explain Round Back. v. Why is care of eyes ne viii. Write two aims of Phys 3- Write short answers of in it. What is meant by Eduction iii. Write two laws of 100 m v. Define Joint. vii. Write two rules of shot p	of any five parts from the ii. viv. Notessary? vi. H. decessary? viii. Viii	Section -I following. Write the relation of Physical Ed What is relationship of Islam with How many types of voluntary mo Vrite the exercises to remove th following. Write two benefits of gymnastic. What is the colour of shot put? Vrite names of two movements of Ow is the turn of players choose	Total Marks: 48 2x5=10 Jucation with health. The Physical Education. Exercise defects of flat foot. 2x5=10 Of joints.
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